MT CURRICULUM GUIDE   M 6
Objective: Assess How Much Information can be Processed at a Time

INGREDIENTS

- Transparency with the numbers listed as shown
- Projector
- File Folder

INSTRUCTIONS

Create a transparency with the numbers as shown below.

- Make a mask out of a file folder stock to cover the transparency
- Cut an opening in the mask to allow only one number at a time to be viewed.
- Have the first number (7542) in the mask's opening.
- Tell students to look at the screen
- Turn on the projector for one minute
- Give 10 seconds to record what they saw after you turned off the projector
- Repeat for all the numbers

Discuss the results of the activity stressing how the mind can only process so much in a given period of time. We can train ourselves to be more aware and keying in on specific information that is critical

7542
24596
3748472
849494041

MT CURRICULUM GUIDE   M 6
Objective: Reinforce Good Habits for Following Time

INGREDIENTS

Masking tape about 3 feet long

Sufficient space in the classroom for students to walk in a big circle

Simulated Steering Wheel

INSTRUCTIONS

Put masking tape on the floor at the front of the classroom

Assign 5 students to line up behind the tapeline in single file

Ask students to walk around the classroom and maintain a one-second following distance.

- Have a student count out the following time in seconds using the tape line to start the count
- Tell the students to increase following distance to 2 seconds
- Tell the students to increase to 3 second following distance
- Tell the students to pick up their "speed" and maintain following distance.

Ask the students in the activity to describe their feelings as they went from 1 to 3 seconds following time. Did they feel in control or out of control at various times?

Optional: Have an "obstruction" where braking or stopping is required. What happened? Was 3 seconds enough? Have the classroom students check to see if the students are staying single file, or are they changing their lane position to increase their "line of sight?"